

Scented Mug Coaster



Materials List:

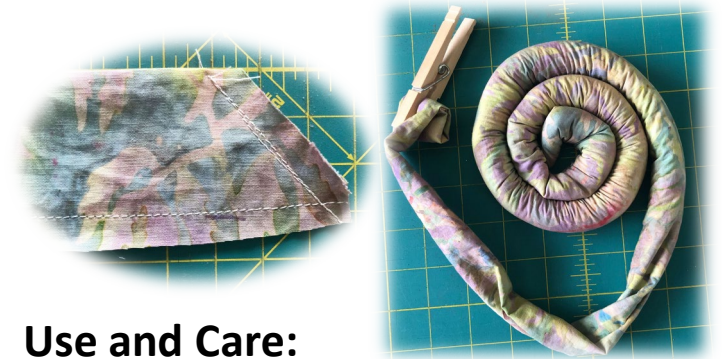
- 4 ½-inch x 30-inch strip of batik fabric
- Coordinating thread
- Hot glue
- ½ cup sand
- ¼ cup vermiculite with 20 drops your favorite essential oil
- 4 tbsp cinnamon (or your favorite spices)

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Assembly Instructions:

1. Fold fabric in half lengthwise, wrong side out.
2. Stitch ¼" seam along long edge. Then, sew one end closed with 45-degree seam.
3. Turn sleeve right side out.
4. Add oil to vermiculite. If you don't have vermiculite, add ¼ more sand.
5. Mix vermiculite, sand and spices together.
6. Pour sand and spice mixture into the sleeve.
7. Pin sleeve closed to make a log. Starting at the pinned end, roll the log into a pinwheel smoothing filling as you go. If roll is too full, remove some filling. If not full enough, trim the sleeve.
8. Sew end closed.
9. Glue while rolling into tight pinwheel.



Use and Care:

- Set hot mug on coaster.
- Use damp cloth to remove any dirt.
- Do **NOT** put in washing machine or dishwasher.
- Store in location with adequate ventilation to prevent herbs from becoming moldy.

